{Quick & Kosher} Recipe Guide

More than 350 recipes More than 140 Passover recipes! Color coded for quick navigating Meat, Dairy, Fish, Pareve indicated

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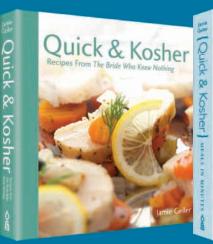
Bonus on page 307

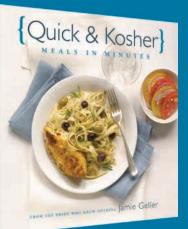
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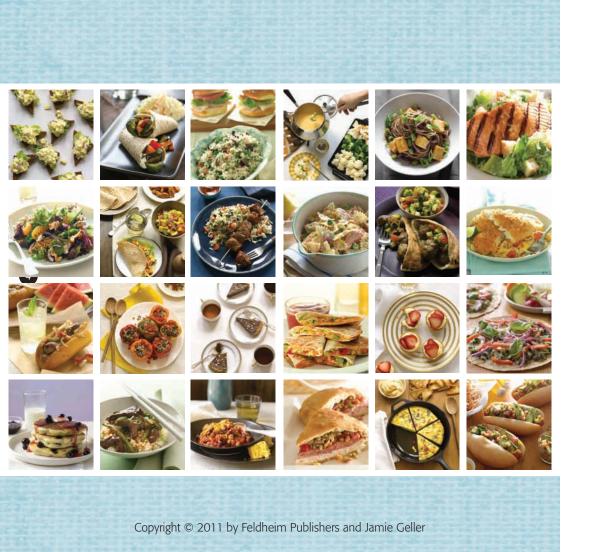
Groceries

{Quick & Kosher} Recipe Guide

A user-friendly guide to the Quick & Kosher Cookbook series organized by course







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Passover Ready

Book/Page

Recipe

Book/Page

Recipe

Passover Ready

Passover

Passover

Passover

Passover¹

Passover²

Passover²

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Chilean Sea Bass in Honeyed Pecan Sauce

Chilled Salmon with Dijon Dipping Sauce

Cranberry Walnut Salmon on a Bed of Spinach

Cod in a Light Lime Sauce

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Passover¹

Passover

Bool	k/P	age
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Salads/Fish

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Warm Salmon Salad

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Passover

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Sides/Starch /Meat

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	Sides/Vegetable/Pareve				
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2-246	Braised Carrots with Dill	Passover	2-234	Green Beans with Walnut and Green Olive Tapenade	
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1-201	Butternut Squash Soufflé	Passover ¹	2-91	Sautéed Cherry Tomatoes	Passover
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1-205	Cran-Apple Crunch Kugel		2-169	Sweet Potato Wedges	Passover
1-185	Cranberry Relish	Passover	2-193	Tomatoes and String Beans	
1-45	Crispy Artichoke Hearts		1-39	Turkish Salad	Passover

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2-258	Banana Chocolate Parfait	Passover	2-234	Sponge Cake with Berry Sauce	
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1-227	"Forgotten" Macaroons	Passover	2-83	Chocolate Fondue	Passover
1-219	Homemade Chocolate Fondue	Passover	2-262	Mango Cardamom Shortcakes w/Ginger Cream	
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2-39	Melon Salad	Passover	2-109	Rice Pudding	
1-231	One Bowl Amazing Chocolate Cake		1-323	Shortbread	
1-236	Peanut Butter Chocolate Chip Mousse Pie		1-324	Strawberry Cream Cheese Roll	
1-212	Pinwheels		2-270	Strawberry Pastry Cups	
1-229	Puff Pastry Apple Purses		1-319	Sufganiot (Jelly Doughnuts)	

Asian Chicken Salad Iced Ginger Green Tea

Serves 4 | Start steeping the tea when the noodles are baking.

Asian Chicken Salad

To make this delicious salad, buy a BBQ Roasted Chicken from Kosher.com or use leftover roast chicken.

- I (3-ounce) package ramen soup noodles
- 2 tablespoons chili sauce

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- 1/4 to 1/2 cup bottled carrot ginger dressing
- I cube frozen crushed ginger, thawed, or I teaspoon ground ginger
- I cube frozen chopped cilantro, thawed, or I teaspoon finely chopped cilantro
- I cup snow peas, trimmed, rinsed, and dried
- I (5-ounce) package mesclun mix salad, rinsed and dried
- 3 cups shredded rotisserie chicken, about a 3-pound chicken
- I medium red onion, halved lengthwise and thinly sliced
- | (||-ounce) can mandarin orange segments, drained
- 2 tablespoons sesame seeds
- 2 scallions, sliced diagonally

Preheat oven to 350° F.

Fill a large pot three-quarters full with water and bring to a rolling boil. While the water is heating, break up ramen noodles and place them on a jelly-roll pan. Bake for about 8 minutes until toasted.

While noodles are baking, make dressing: In a small bowl, whisk together chili sauce, salad dressing, ginger, and cilantro. Set aside.

Fill a large bowl about three-quarters full with cold water and ice cubes. To blanch the snow peas: Place them into the boiling water for 30 seconds; drain them and immediately plunge them into the ice water to stop cooking. When snow peas are completely cool, drain and dry them.

To compose salad: Place greens in a large bowl. Add snow peas, chicken, onion, mandarin oranges, sesame seeds, and toasted ramen noodles.

Pour dressing over salad and toss. Garnish with scallions and serve with Iced Ginger Green Tea.

Iced Ginger Green Tea

Ginger has been used in cooking for almost 3,000 years by Babylonians, Egyptians, Persians, Chinese, and Japanese. Crystallized ginger is fresh ginger that has been cooked in a sugar syrup. It is available in the dried fruit section of the supermarket, in Asian markets, and in health food stores. Ginger is a great remedy for upset stomachs!

- I quart water
- 3 green tea bags
- I tablespoon finely chopped crystallized ginger

In a medium saucepan over medium heat, bring water to a boil. Place tea bags and crystallized ginger in the water. Steep for 10 minutes. Strain and serve over ice in tall glasses.

Recommended Wine: Baron Herzog Pinot Grigio

The medley of flavors and spice in this Asian-inspired meal calls for a crisp refreshing white wine, possibly even one with a hint of sweetness.



{Honey-Glazed Skewered Beef }

Rice Pilaf with Fresh Tomatoes, Olives, and Parsley

Serves 4 | While beef is marinating, begin rice pilaf.

Honey-Glazed Skewered Beef

If you use wooden skewers, they must be soaked in a shallow pan filled with enough water to cover them for an hour before you use them so they don't catch fire on the grill or under the broiler. After brushing the meat with the glaze, boil remaining glaze for S minutes to kill any bacteria from the raw meat. Before serving, brush the cooked glaze on the meat or serve on the side for dipping.

- 1/2 cup honey
- 1/4 cup steak sauce
- 2 tablespoons Dijon mustard
- 2 tablespoons freshly squeezed orange juice
- 1/4 teaspoon cinnamon
- 2 pounds cubed beef minute steak (10 to 12 pieces per pound, each about 1- x 1-inch)

Heat grill to medium.

In a small bowl, mix together honey, steak sauce, mustard, orange juice, and cinnamon to make glaze.

Thread 5 to 6 cubes of beef on each skewer. Brush meat cubes with glaze.

Grill for 8 to 10 minutes for medium doneness (or grill to your desired doneness). Instead of grilling the beef cubes, you can broil them in your oven for about 6 to 8 minutes. Keep an eye on them to make sure they don't burn.

Place on serving platter and serve with Rice Pilaf with Fresh Tomatoes, Olives, and Parsley.

Rice Pilaf with Fresh Tomatoes, Olives, and Parsley

- 2 tablespoons olive oil
- I cup instant rice
- 1/2 cup angel hair, broken into 1- inch pieces
- I cup Manischewitz All Natural Vegetable Broth
- I medium tomato, chopped
- 1/4 cup chopped pitted black olives, drained
- $^{1\!/_{\!\!4}}$ cup chopped fresh parsley
- Kosher salt
- Freshly ground black pepper

Heat olive oil in a medium saucepan over medium heat. Stir in rice and pasta; mix well. Continue cooking, uncovered, over medium heat for 3 to 4 minutes, stirring occasionally.

Add vegetable broth; stir and cover. Remove from heat.

Let sit for 7 minutes. Stir in tomatoes, olives, parsley, salt and pepper to taste.

Recommended Wine:

Herzog Reserve Cabernet/ Zinfandel/Syrah blend

The beef is screaming for a big red cabernet sauvignon, while the sweet sauce can use the extra kick provided by zinfandel.





{Mediterranean Frittata} Crisp Pita Chips with Hummus

Serves 4 | Prepare pita chips while frittata is baking.

Mediterranean Frittata

This dish is also great the next day cold, straight out of the fridge.

- 2 tablespoons butter
- I medium red onion, coarsely chopped
- I medium red pepper, seeds and ribs removed, coarsely chopped
- 10 large eggs
- I tablespoon kosher salt
- I teaspoon cracked black pepper
- 1/4 cup chopped fresh basil
- 1/3 cup crumbled feta

Preheat oven to 375° F.

Melt butter in a 10-inch ovenproof sauté pan over medium heat.

Cook onions and peppers in butter for 5 minutes, stirring occasionally.

In a large bowl, beat eggs with salt, pepper, and basil. Pour egg mixture into the pan. Cook until edges start to set, about 3 minutes. Sprinkle feta over eggs.

Transfer pan to the oven and bake for 25 minutes. Using a pot holder, shake the pan to make sure the egg mixture is set and is no longer moving. Frittata will puff up and be slightly brown on top when it is done.

Let the frittata cool in the pan on a wire rack for about 10 minutes. Place a plate over the top of the pan and invert the frittata onto the plate. Cut into wedges. Serve at room temperature with Crisp Pita Chips with Hummus.

Crisp Pita Chips with Hummus

Olive oil

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- 4 pitas
- I (10-ounce) container hummus

Heat about 1 inch of oil in a large sauté pan over medium heat.

On a cutting board, stack pitas and cut into eighths with a sharp bread knife.

Fry pita chips in hot oil for 2 to 4 minutes. Pitas should be lightly browned and crisp. Be careful not to crowd the pan or the pitas won't crisp; you may need to work in batches, adding and heating more oil as needed.

Spoon hummus into a small serving bowl placed in the middle of a large platter. Surround bowl with pita chips.

Recommended Wine: Baron Herzog Sauvignon Blanc

This egg-based dish is light and flavorful and should be accompanied by a light wine, such as a sauvignon blanc, that will cleanse the palate between bites.



Leek Soup [Chicken with Apples]

Spinach Salad with Pomegranate Dressing I Roasted Beets

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Carrot Cupcakes

Serves 4

Leek Soup

Prep: 6 min. I Total: 30 min.

After peeling potatoes, placing them in a bowl and covering them with cold water will keep them from oxidizing. Drain potatoes before using.

- 2 tablespoons canola oil
- I medium onion, coarsely chopped
- 2 shallots, coarsely chopped
- 2 leeks, halved lengthwise, rinsed, and sliced
- I (32-ounce) box Manischewitz All Natural Chicken Broth
- 2 tablespoons fresh thyme leaves or 2 teaspoons dried
- I large potato, peeled and coarsely chopped
- I teaspoon kosher salt
- I teaspoon freshly ground black pepper

In a 4- to 6-quart pot, heat oil over medium-high heat. Add onions, shallots, and leeks. Stir, and cook for 5 minutes. Stir in chicken broth and thyme; cover and bring to a boil. Add potatoes, salt, and pepper; mix well and cook for 20 minutes.

Purée soup with an immersion blender or in a food processor. Adjust seasoning, if needed.

Recommended Wine: Castel Grand Vin

A hearty and special yom tov meal such as this one which is centered around roasted chicken and beets (the red vegetable that loves a good red wine) calls for a robust cabernet sauvignon-based wine.

Chicken with Apples

Prep: 10 min. I Total: 1 hr. 5 min.

Using a mandoline saves a ton of time and will ensure that all ingredients are uniform in size. Not only does it look pretty, but it will also help the apples and vegetables cook evenly.

- I teaspoon ground cinnamon
- I teaspoon mustard powder
- I teaspoon fresh thyme leaves
- I tablespoon kosher salt
- I teaspoon freshly ground black pepper
- I (4-pound) chicken, cut into eighths
- I tablespoon canola oil
- I medium onion, in ¼-inch slices
- I cup sliced fennel, in 1/4-inch slices
- 2 tart apples, unpeeled, cored and in 1/4-inch slices
- I cup Manischewitz Reduced Sodium All Natural Chicken Broth

Preheat oven to 350° F.

In a small bowl, combine the cinnamon, mustard, thyme, salt, and pepper. Rub over the chicken.

Heat oil, over high heat, in an ovenproof sauté pan that is large enough to fit all the chicken in one layer without crowding the pan. If the pan is too small, work in batches. Brown chicken pieces about 4 to 5 minutes on each side. Transfer the chicken to a plate and set aside.

Add onions, fennel, and apples to the sauté pan and cook for 5 minutes, stirring to make sure they don't burn. Return chicken and any accumulated juices to the sauté pan with onions, fennel, and apples; cook for 5 minutes. Add broth and place pan in the oven. Continue cooking for 30 minutes.

Arrange chicken on a large platter. Surround chicken with onions, fennel, and apples. Pour pan juices over top.